

Day 17, July 21st

Bible Text: Isaiah 43:1-7

By Pastor Steve Eatmon

Reflection:

We live in an age that stokes a lot of anxiety and fear. Whether it's through your social media feed, current events, or just watching local news, there are a lot of messages out there designed to make us worried and afraid. This passage of Scripture is designed to help us focus our minds on the one who brings true peace. Living in exile in Babylon, God assures his people of a future provision even in the midst of their suffering, a promise he eventually delivered for his people. When we go through difficult times, whether a health challenge, a difficult relationship or job instability, we can move forward in the midst of fear because we know that God will deliver those who trust in Him.

1. What are some major sources of fear and anxiety in your life?
2. What are some reasons to trust God in the midst of your trial?

Closing Prayer:

Heavenly Father, we confess that we so easily become afraid and agitated. We confess that our fears are often the result of taking our focus off of you, your word and your promises. Help us to reorient our lives around you and your word. You always make good on your promises, so help us to have the faith in the midst of our trials to trust in you even though we may feel afraid, even though we may be confused and uncertain about the outcome. We know that you always have our best interests at heart and your ways are always higher than our ways. Give us the faith to move forward in fear and uncertainty through the power of your Holy Spirit. In Jesus Name, Amen.

Recommended Song of Reflection: Stand In Your Love

<https://www.youtube.com/watch?v=oFizRY8w0-I>