

Day 16, July 20th

Bible Text: Psalm 103:1-5

By Pastor Steve Eatmon

Reflection:

How often do we take the time to remember the kind of God we serve and what he does for those who worship him? In this passage we are given a thorough rendering of his goodness: he forgives our sins, heals us, redeems that which is broken in our lives and satisfies us. When we come into a temptation or a trial, it's so easy to blame God for giving us a raw deal. But it becomes easier to trust God when we take the time to count the ways he has blessed us and others who worship Him even when they go through a difficult time.

1. What are some ways that God has blessed you in your life?
2. What role does our view of God play in resisting temptation and facing trials in our lives?

Closing Prayer:

Heavenly Father, you are a great God whose glory is too lofty to express into words. Yet you consider us, who are here on earth, and whose lives are but a breath. So often we get frustrated and forget all the ways that you have been good to us but give us the wisdom to not forget it. You have saved us through the blood of your son, Jesus, you have given us new life beyond the grave, and here with you. You will be with us redeeming every trial and working everything out for your glory and our good. Help us to not fall prey to the enemy or the world's lies about you but instead be consistent in meditating on the truth of your identity. In Jesus Name, Amen.

Recommended Song of Reflection: 10,000 Reasons

https://youtu.be/9WLRtNhOgTs?si=IPPJ1_nyX151FQjZ