

Day 11: July 15th Wednesday

Bible Text: Psalm 121:1-8

By Michael Lim

Reflection:

Psalm 121 opens with a vivid scene: the psalmist lifts his eyes to the hills. He sees a long, uncertain journey ahead. This makes him ask, "From where does my help come?" The scene invites us deep into the inner workings of our own hearts as people and as God's church to look at our road ahead and examine:

1. How would I choose to finish Psalm 121:2-8?
2. How might CBCM fill out Psalm 121:2-8 as we look beyond these first 50 years?

The psalmist declares his choice: "My help comes from the LORD, who made heaven and earth." The psalmist testifies that he knows with certainty that God is a keeper (6x in 121:2-8). The Creator watches over His creation unceasingly, keeping his people safe from dangers of day and night, and from evil, as they sojourn.

As one of the "Songs of Ascents" (Ps 120-134), many believe the context of the psalmist's journey to be his journey going up to Jerusalem for worship. For Christians and the church sojourning through life and its diverse experiences, the Holy Spirit inspired Psalm 121 to give us confidence to wholeheartedly trust and walk with God for the length of our journey.

Closing Prayer (PRAY - Praise, Repent, Ask, Yield):

1. **Praise** God and enjoy our faithful God's unceasing presence with us. It may help first to pause and connect your and CBCM's experiences with God as keeper to the psalm.
2. **Repent** inviting the Holy Spirit to search us for other "keepers" we choose to trust and rest in.
3. **Ask** the Holy Spirit to help us trust God wholeheartedly when tempted otherwise. Find rest remembering that God's promises are for sinners who trust in God's salvation, ultimately revealed to be in Jesus Christ (Mk 2:17; Rom 5:8; 1 Jn 1:9).
4. **Yield** your and CBCM's road ahead into God's hand. As the children's song goes, "God keeps me, God keeps me. In my Bible book it says that God keeps me!" Amen! May we pass our faith and knowledge of God to our children for generations, for He is faithful *forever!*

Recommended Song of Reflection: [Psalm 121](#)